

Gastroenterology Consultants of Long Island, PC

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Date & Time: _____

Clenpiq Colonoscopy Prep

THE DAY BEFORE THE PROCEDURE:

NO SOLID FOOD, YOGURT, MILK OR DAIRY SUBSTITUTES AT ALL. Coffee, tea, water carbonated beverages, sports drinks, Jello (no red), ice tea, Italian ices, broths, ice pops are all acceptable as long as they are also **NOT RED.**

1. Beginning at **5pm** on the day before your colonoscopy, drink 1 bottle. Drink the **ENTIRE** contents. Follow with **FIVE** 8-ounce glasses or clear liquid. Drink at your own pace within the next 2 hours.
2. You are encouraged to continue to drink as much clear liquids as possible until the next dose of Clenpiq.
3. At **9:30pm** you are to take your second dose of the prep. You will take the second bottle, drink the **ENTIRE** contents. Follow with **THREE** 8-ounce glasses of clear liquid over the next hour. You may continue to drink clear liquids until Midnight.

THE DAY OF THE PROCEDURE:

1. You should take your blood pressure and heart medications early in the morning with a small sip of water all other medications should be held until after your procedure unless your doctor has told you differently.
2. **HAVE NOTHING ELSE TO EAT OR DRINK, NOT EVEN WATER,** until after your procedure.
3. You are **NOT** permitted to drive yourself home after your procedure! You **MUST** have a responsible adult with you when you arrive for your procedure to accompany you home after your procedure. You may use a taxi, care service, or public transportation **ONLY** if you have a responsible adult with you. Failure to follow this policy will result in cancellation of your procedure **EVEN IF** you have completed a preparation.

HOLD THE FOLLOWING MEDICATION FOR YOUR PROCEDURE: