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Bravo PH Monitor

DATE: _____ ***TIME:*** _____

You are having a BRAVO 48 hour PH monitor. The bravo has been placed and you have started the study. Please do not take any of your acid medication during the study.

There are three 4 buttons on the monitor. The grey button is for symptom registration (reflux, cough, chest pain, etc.) It is not important that you log symptoms.

The most important thing for the next two days it to log your meals. Please write the times that you eat in the chart below. WHAT YOU EAT is not important. The time should be taken off the BRAVO monitor.

The BRAVO capsule can transmit 7 feet. When you shower please leave it on the vanity and when you sleep it can be placed on the night table.

Please return the monitor promptly when completed. It may take 48 hours after return to read the study. We will contact you with the results.

Day #1: Meal	**Time start:**	**Time finish:**
Breakfast		
Lunch		
Dinner		
Snack		

Day #2 Meal	**Time start:**	**Time finish:**
Breakfast		
Lunch		
Dinner		
Snack		

Day #3: Meal	**Time start:**	**Time finish:**