

Gastroenterology Consultants of Long Island, PC

Ian M. Storch, D.O.,FACP,FACG

2001 Marcus Avenue Ste. E240
New Hyde Park, NY 11042

Phone (516) 673-4801
Fax (516) 352-3680

CapsoCam Capsule Preparation Instructions

Procedure Date: _____ Procedure Time: _____

Day Before Examination

A. At 5:00 PM start clear liquid diet.

****EXAMPLES OF CLEAR LIQUIDS**

Water, Clear fruit juice (apple, grape, cranberry) ,Ginger Ale, soda, tea with lemon and sugar or black coffee, chicken or beef bouillon, Jell-O (No red Jell-O), Italian ices/ice pops
NO SOLID FOODS, MILK OR MILK PRODUCTS

Day of Examination

NOTHING TO EAT OR DRINK (INCLUDING WATER) THE MORNING OF THE PROCEDURE FROM THE TIME YOU WAKE UP UNTIL AFTER THE PROCEDURE IS FINISHED

You can have your medications in the morning with sips of water.

Please come to the office at the above time.

You will be asked to swallow the capsule with a glass of water.

You can have clear liquids at : _____ (2 hours after ingestion). Two packets of miralax will be provided to take with 8 oz of water (one glass).

You can have solid food at: _____ (4 hours after ingestion).

The capsule typically passes within 24 hours. If your intestinal system is slower it can take up to 72 hours (this is normal). When you retrieve the capsule, please return it to the office at your earliest convenience.

You can review the retrieval instructions at the following site:

<http://www.capsovision.com/files/capsocam-retrieval>

You should have a reading/ results within 48 hours.